

# outdoor activities

## Sailing Excursion

Take the helm, trim the sail . . . Seattle boasts the highest number of boats per capita than any other U.S. city. This sailing adventure begins at downtown Seattle's historic waterfront and travels through the bustling Puget Sound harbor to the nearby community of Magnolia.

Before departure, the group will be given a sailing lesson on a high performance sailboat, the Obsession. This cruise offers spectacular views of Seattle including the city skyline, one of the world's largest shipping terminals and the majestic Olympic Mountain range. The boat's large open decks invite you to relax and enjoy the cruise, while the highly experienced crew makes the trip a memorable experience.



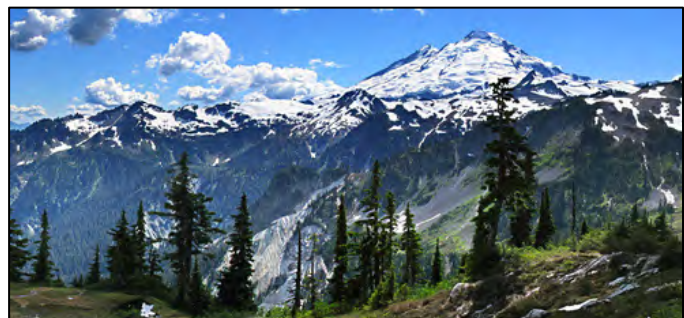
## Northwest River Rafting Trip



For the more adventurous at heart, an exhilarating day of outdoor adventure on a scenic Northwest river is sure to please. Travel on one of several rivers flowing from the Cascade Mountain Range (specific river to be determined based on time of year and past season's snowfall). Washington State features a variety of rivers, boasting panoramic scenes from mountain to coastal regions, and deserts to rainforests.

## Cascade Mountain Hike

Enjoy spectacular alpine scenery with snow fields and waterfalls in the Alpine Lakes Region of Snoqualmie Pass. Located in the Cascade Mountains, approximately three miles round trip, this moderately easy hike is popular with beginner as well as more experienced hikers.



## Seattle Biking Tour



Enjoy a memorable bike ride along the Burke-Gilman Trail. Take in beautiful views of the water and lakefront homes as you ride up Sandpoint Way, to the University of Washington campus. Trail highlights include incredible views of Seattle's houseboat community, the Capitol Hill neighborhood, downtown Seattle and Queen Anne hill. Make a stop at Gasworks Park for a photo before heading into Fremont. This funky neighborhood features eclectic art including a rescued statue of Lenin, as well as the famous "Fremont Troll" located under the bridge.

## Orca Whale Cruise in the San Juan Islands

Said to be the jewel of the Pacific Northwest, the San Juan Islands offer a surplus of wildlife and beautiful landscapes. The Minke and Orca whales, who call the San Juan Islands home, will be an unforgettable sight. Departing from Seattle, in addition to whales this cruise is well-known for spectacular sea life sightings including seals, sea lions, sea birds, bald eagles and otters. A Marine Naturalist is on board to answer questions, point out wildlife and share knowledge of local history. In Friday Harbor, the largest town on San Juan Island, explore charming shops, galleries, restaurants and more.



## Salmon Fishing on Puget Sound



Seattle is just a boat ride away from some of the best year-round sport fishing Puget Sound has to offer. In addition to salmon, there is a wealth of bottom fish just waiting to be caught. Using sonar equipment, an experienced guide will escort the group to locations where the fish are sure to be hitting. Enjoy 360 degree views of spectacular Northwest scenery and perhaps even catch a glimpse of a pod of whales during this day on the water.

## Kayaking on Lake Union

Experience a "duck's eye view" of some of Lake Union's attractions, including tall sailing ships, Gas Works Park, and colorful houseboats, including the famous houseboat featured in the movie *Sleepless in Seattle*. Along the way, an experienced guide will discuss some historical aspects of the lake and its transition from a working lake to a popular recreational spot. Stable and comfortable two-person touring kayaks will be used for the tour.



## Challenge Course



Climb, laugh and learn while you traverse through this state-of-the-art challenge course. Located 45 feet above ground, this challenge course combines a series of obstacles that, in some cases, require people helping each other in order to successfully overcome the challenge. The course is comprised of wooden platforms, cargo nets, cables, ropes, and other safety oriented materials. This course is appropriate for participants of all athletic levels.

## Mountain Biking

This expedition begins in the heart of Mt. Baker-Snoqualmie National Forest. This location is overflowing with peaks, lakes, rivers and streams and is the perfect area to enjoy the great outdoors. Crank through the heart of the National Forest by mountain bike. The group will follow the bed of the defunct Chicago, Milwaukee, St. Paul and Pacific Railroad -- known as "the Milwaukee Road". The flat, smooth, gravel rail-trail is suitable for beginners, but provides an experience that even advanced-level riders won't find elsewhere. This 17-mile mountain bike adventure meanders through fir and hemlock forests and past interesting rock pitches, over several high trestles and into the mountains.



# golf

## Golf Club at Newcastle



Few courses offer views as stunning as those found at the Golf Club at Newcastle. Even more memorable is the course itself. Designed by renowned architect Robert E. Cupp in consultation with Masters Champion Fred Couples, the facility combines characteristics of some of the game's legendary courses with innovative practices to provide an exceptional playing experience round after round.

From the cobblestone entrance to the majestic 44,000 square foot clubhouse, golfers are treated to breathtaking scenery, well-conditioned greens and first-class amenities. Views of Mt. Rainier, Lake Washington and the Seattle skyline create an amazing backdrop for a day on the green.

## Sahalee Country Club

Sahalee Country Club, located in nearby Sammamish, is rated one of the top 100 courses in America. Sahalee, which means "High Heavenly Ground", opened in 1969 after 27 holes were carved out of the tall majestic Cedar and Douglas Fir trees native to the Pacific Northwest. The club hosted the 1998 PGA Championship, the 2002 World Golf Championship-NEC invitational and the 2010 U.S. Senior Open Championship.

Nationally-recognized golf course architect Ted Robinson was selected as the course designer. The goal was to create a national caliber course capable of sponsoring any of the USGA or PGA national events. With its recent high profile tournaments, Sahalee has begun a new chapter in an increasingly rich golf tradition.



## TPC at Snoqualmie Ridge

Nestled in the heart of the Snoqualmie Valley and Cascade Foothills is one of the Northwest's best golf experiences. TPC at Snoqualmie Ridge is home to the annual Boeing Classic PGA Champions Tour tournament. The 222-acre property is the only Jack Nicklaus designed signature club in the Northwest. Mr. Nicklaus has combined unparalleled views with pure playing surfaces. Measuring 7,264 yards from the tips, the par-72 layout is truly breathtaking, offering panoramic mountain views. Recognized both locally and nationally for its overall quality, TPC at Snoqualmie Ridge offers members and their guests an unparalleled golf experience.



## Chambers Bay



Home to the 2010 U.S. Amateur Championships and 2015 U.S. Open, Chambers Bay is conveniently located just outside of Tacoma, in Pierce County. Less than an hour's drive south from Seattle, this 18-hole championship golf course provides a traditional, links-style layout featuring impressive emerald greens, dazzling fairways and brilliant tees. With Puget Sound providing a serene backdrop to Chambers Bay, the breathtaking layout winds through a stunning coastal setting, among windswept dunes and native fescue grasses. The

snow-capped Olympic Mountains rim the western shore. In every sense, architect Robert Trent Jones II has created an awe-inspiring designed course that is as spectacular as the beauty surrounding it.

## Echo Falls

Home of the famous island 18th green, the Golf Club at Echo Falls offers a combination of country scenery, championship golf and world-class facilities. Golfers will use every club in their bag as they play and think their way around this 18-hole Jack Frei designed course. The renowned 17th hole is one of the most difficult par-4s in the state, while the closing par-3 on the 18th hole is equally famous. It features a magnificent island green framed by a cascading waterfall.

